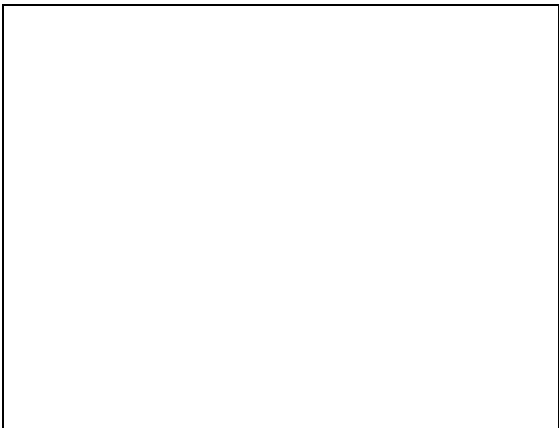


Structural Client Avatar



Age/Gender: _____

Occupation: _____

Structural Needs: _____

Desired Outcome: _____

Time and environment of practice/resources: _____

General Structural Sequencing Template

**Combine all directions of movement with balanced repetition stay patterns for a well balanced practice

Neutral Position	Supine	IN => <= EX	___x, stay _____
	Kneeling	IN => <= EX	___x, stay _____
	Prone	IN => <= EX	___x, stay _____
Transition	Kneeling	IN => <= EX	___x, stay _____
	Standing	IN => <= EX	___x, stay _____
Transition	Kneeling	IN => <= EX	___x, stay _____
	Prone	IN => <= EX	___x, stay _____
	Supine	IN => <= EX	___x, stay _____
	Seated	IN => <= EX	___x, stay _____
Neutral	Supine	IN => <= EX	___x, stay _____